

## Kristy Ann Brandabur

2773 Keystone Drive  
Cincinnati, Ohio 45230  
C(513)235-7567

D.O.B. 03-09-65  
coachb@live.com

### Academic Training:

University of Cincinnati, Cincinnati, Ohio B.S. in Health Promotion/Exercise Science June 1995  
Emphasis: Community Health/Exercise Physiology/Sports Medicine G.P.A. 3.9  
Currently enrolled in Master of Education for Medical Professionals. Graduation 2014

Spencer Institute, Rancho Santa Margarita, CA. Body, Mind, & Fitness Coach. Holistic Life Coach. July 2012  
Emphasis: Integrative Medicine. Certified American Association of Drugless Practitioners (AADP)

Institute of Medical Technology, Cincinnati, Ohio Medical Assistant January 1989  
Emphasis: Clinical and Administrative Medical Assisting G.P.A. 3.7

### Professional Experience:

The University of Cincinnati, Associate Professor. September 2006-December 2013  
Classroom and Online Education. Allied Health, Pathophysiology, Medical Terminology, Insurance,  
Front Office Procedures,

Fortis Nursing College, Adjunct Instructor. January 2007- present  
Biology/Anatomy and Physiology, Nutrition, Tutor and Mentor

Metamorphosis : Holistic Wellness Center, Owner. June 1995- present  
Sole proprietor. Certified Personal Trainer, Nutrition consultant, Relaxation Massage, Registered  
Aromatherapist, Mind Body and Fitness Coach, Holistic Life Coach, Reiki Practitioner, Ordained Minister.

Daymar College, Adjunct Instructor. January 2010- August 2010  
Anatomy and Physiology, Pathophysiology, Clinical Office Procedures

The Summit Country Day School, PE/Health Educator/ Computer Technology/ Coach  
January 1995- June 2006. Designed energetic classroom curriculum, activities, and labs to  
teach Health/Wellness Education, Physical Education, Anatomy & Physiology and Computer  
Technology. Assisted in Curriculum Mapping. Organized and implemented various education programs,  
Strength and Conditioning Coach H.S. Coached Middle School Volleyball, Fast pitch Softball, Basketball, and  
High School Basketball.

Childrens Hospital Medical Center, Internship. March 1995-June 1995  
Researched, designed, implemented, and evaluated exercise program for Adolescents with Down Syndrome  
Coordinated program for 20, 8-15 year-old children. Protocol accepted through Institutional Review Board.  
Implemented at Breyer School. Monitored GXT in Cardiopulmonary laboratory.

LA Fitness, Spinning Instructor/Aqua/Group Exercise Instructor. July 2008 - present  
Cincinnati Sports Club, Exercise Specialist/Spinning Instructor/Aqua Exercise Instructor. June 1994 - present  
Wellness Connections, Spinning Instructor, Strength Trainer. December 2007 – June 2009  
Fitworks, Certified Spinning Instructor/Personal Trainer. February 2006 - April 2008  
Greg M. Gottschlich, M.D., Registered Medical Assistant. September 1989-December 1991  
Bruce C. Corser, M.D., Registered Medical Assistant. March 1989-September 1989

### Volunteer Experience:

American Red Cross, Cincinnati  
University of Cincinnati, Strength and Conditioning of College athletes  
University Hospital Cincinnati, Critical Care Physical Therapy Unit  
Wellington Sports Medicine Clinic, Physical Therapy Department  
Children's Hospital Medical Center, Cerebral Palsy Outpatient Clinic  
Crossroads Community Church, Cincinnati

### Certifications:

State of Ohio Non-Tax Teaching Certificate.  
Certified Holistic Life Coach, Spencer Institute  
Certified Body, Mind and Fitness Coach, Spencer Institute  
Certified Registered Aromatherapist, AAHAA  
Johnny G Madd Dog Athletics Certification

Certified Personal Trainer, ISSA  
Sport Yoga and Pilates Instructor, NESTA  
Registered Medical Assistant, American Medical Technologist. Certified. Continuing Education  
American Red Cross CPR/First Aid, HIV/AIDS, Babysitting, FAFLP, OOO, certified. Annual instructor certification.

**Professional Organizations:**

American Association of Drugless Practitioners  
American Association of Professional Women  
Eta Sigma Gamma, Secretary. Health Professional Honorary Society. 1993-1995  
American Medical Technologists Association, R.M.A. 1989-present.

**Awards:**

Nominated for Disney Hands Teaching Award  
University of Cincinnati Deans List and Scholarship  
Outstanding Senior of the Year Award, University of Cincinnati  
Nominated for National Undergraduate Student of the Year  
Received Governor's Buckeye Best Silver Honors for Health Education Programs