What is Success?

"Success is desiring something and then accomplishing it." Coach Phillis

No one else can create your life for you. No one has that power. You have a lifetime to create your successes. Successes come in all sizes.

Answer the following questions as honestly and completely as you can. Remember, there are no wrong answers. *Generally, your first response is your most honest response.* 

1.	When have you been successful?	
2.	What was your success/what were your successes?	
3.	What led to this success?	
	·	
4.	What did you have in place to make this success happen?	
5.	What were you like when this success happened?	

	Do you know people who are successful? What are their successes?	
	Do you know people who are successful! What are their successes!	
-		
_		
-		
-		
	In your own words, define success.	
-		
•		
	Holistic Life Coaching Journal	
-		
•		
•		
-		
-		
-		